



ANNEX I: MINISTRY OF HEALTH GUIDELINES ON COVID-19 MANAGEMENT

Considering that the COVID-19 disease has now been classified as a pandemic we are taking precautionary measures. All Kenyans should observe the following:

1. Regularly and thoroughly wash your hands with soap and water or use alcohol-based hand sanitizer.
2. Maintain a distance of at least 1 meter (5 feet) between yourself and anyone who is coughing or sneezing.
3. Persons with a cough or sneezing should stay home or keep a social distance but avoid mixing with others in a crowd.
4. Maintain good respiratory hygiene by covering your mouth and nose while coughing and sneezing with a handkerchief, tissue, or into flexed elbow.
5. Stay at home if you feel unwell with symptoms like fever, cough and difficulty in breathing.
6. Suspend all public gatherings, meetings, religious crusades games events etc. Normal church services can go on provided they provide sanitizing/and hand washing.
7. Suspend all inter – school events but keep schools open.
8. Public transport providers are directed to provide hand sanitizers for their clients and regular cleaning of the vehicles. Matatus should carry the required passengers to maintain social distance, provide sanitizers and their vehicles should be disinfected regularly.
9. Temporary suspension of prison visits for the next 30 days.
10. Kenyans must not abuse social media platforms or indulge in spreading misinformation that can cause fear and panic.
11. Travel restrictions outside the country unless absolutely necessary and no travel to disease epicenter countries.
12. All persons visiting public places such as supermarkets, open air markets, public transport should at all times wear a face mask to reduce the chances of transmission of the virus.
13. Utilize the call line facility number 719 to report on any cases regarding the disease and *719# to receive the correct messages.